**Supplementary Table S1.** Composition of a multicomplex mineral used in this study

|  |  |
| --- | --- |
| Item | mg/L |
|  Aluminum | 12,150.0 |
| Arsenic | 0.5 |
| Calcium | 270.0 |
| Cobalt | 6.6 |
| Chromium | 0.9 |
| Copper | 13.0 |
| Iron | 15,190 |
| Potassium | 78.9 |
| Magnesium | 847.7 |
| Manganese | 126.4 |
| Sodium | 65.5 |
| Nickel | 1.5 |
| Phosphorus | 32.5 |
| Lead | 0.4 |
| Sulphur | 55,890.0 |
| Silicate | 39.4 |
| Strontium | 7.0 |
| Titanium | 52.8 |
| Vanadium | 49.3 |
| Zinc | 11.6 |

The composition was analyzed at Korea Basic Science Institute, Daejeon, Korea.